

# FUSION

## BODYWORKS

**1**

CLUBS

**2**

VISION - MISSION - VALUE

**3**

EVENTS

**4**

CUSTOMERS

**5**

PARTNERS

## FUSION BODYWORKS HANG DA

- More than 2000m2
- In the heart of Hanoi
- A self-contained complex, including Yoga, Fitness, Gym, modern dance class, Lounge, Spa.



## FUSION BODYWORKS MUA XUAN

- Coming soon
- More delicate space
- Adding more new functions such as Spinning, Flying Yoga, Boxing, especially 4-season outdoor pool.



## VISION

Fusion Bodyworks Vision is a community fitness center whereby each member can LIVE LIFE NOW by developing social, personal and spiritual strength.

## MISSION

Fusion Bodyworks Mission is to realize the Vision by consistently giving people what they need for their well-being, through personalized, innovative approaches to the experience we call LIVE LIFE NOW!

# VALUES

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## CARING

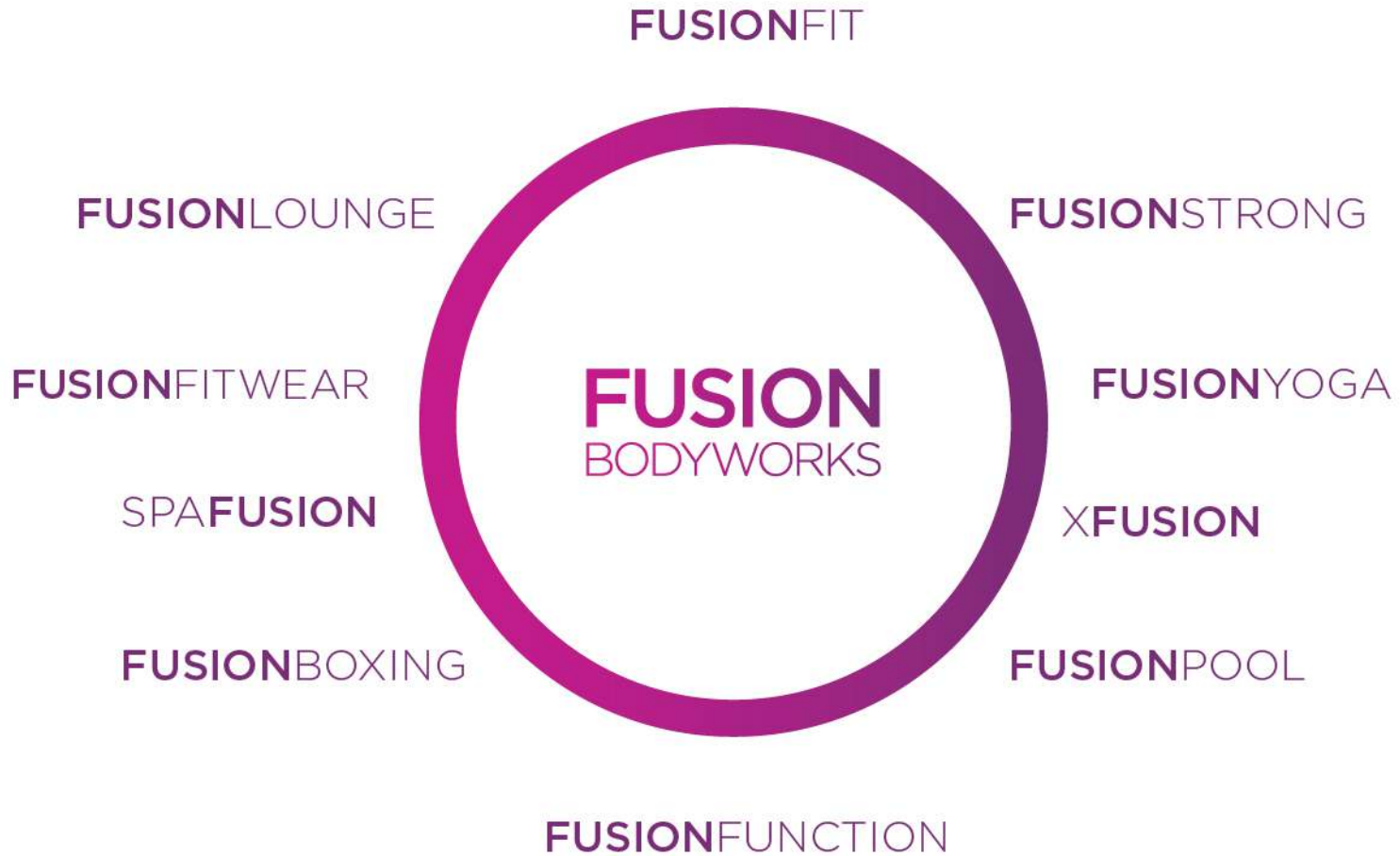
Make FUSION BODYWORKS members feeling understood and comfortable via: excellent service; happy and smiling staff; and facilities that are, innovative, spotlessly clean, fully functional.

## FAIR-MINDED

Fair in business and fair with members; always putting the members personalized needs first, and being good citizens to the neighborhood and community at large.

## EXCELLENT

Exceeding expectations, seeking the wow-factor, innovation, trying to do something new and cutting edge – going beyond the norm



# FUSIONSPINNING

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This is the place could bring to customers toned legs and sexy body.





Functional training area with modern machineries and equipments, meet the health care needs of customers.



**FUSION YOGA** brings you one of the largest and most modern Yoga studio with 128m<sup>2</sup> of area, and state-of-the-art Hot Yoga studio with 50m<sup>2</sup> of area. In Fusion Bodyworks, there are more than 45 Yoga classes each week and more than 20 kinds of different Yoga therapy from basic to advanced for you to choose.



In Fusion Bodyworks, you will be trained by certified Indian Yoga masters. Our Yoga masters always train and support you conscientiously in every classes.



## Hot Yoga

Hot Yoga is an outstanding form of exercise. It has an effect in losing weight, keeping fit and removing toxins from the body.



## Flying Yoga

This is the best method for your physics and mental. The silk ribbon helps all the body to relax by flying-exercises



**Boxing** is a new option for customers who want to practice in exercises with high intensity but less wounding. Strength, endurance, balance and speed are the physical benefits from boxing.



# FUSIONPOOL

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The pool could be used in all four seasons, is warmed by modern heating system, serves customers any time in the year.



Our state-of-the-art cardio, strength and free weight equipment, housed in a modern and light-filled work out zone





Personal training program carried out under the guidance and supervision of our certified PTs, hitial consult will be made, reviewing training goals and initial physical assessment through FUSIONFIT.



With the training of our PTs, your exercise will be more private with the exclusive PT room.



XFusion brings you the international instructors from many countries. All instructors in Fusion Bodyworks were certified with many years of training and performing.



We also have 02 modern studios with elegant design, modern equipment and sound system and are 100m<sup>2</sup> and 120m<sup>2</sup> of area.



A space to enjoy healthy beverages and snacks that contain the most efficient nutrients to make your body sing and get energized



Being Fusion Bodyworks members, you will receive the pack of high-grade shirts and bags which are very convenient to your working out



Where you can swip all the stress of a full-working day



The waiting room with elegant design and equipments that were imported from Europe along with the locker area that is equipped by the electronic lock system.





Jacuzzi pool with both hot and cold mode only in Fusion Bodyworks will help you to relax and detox.



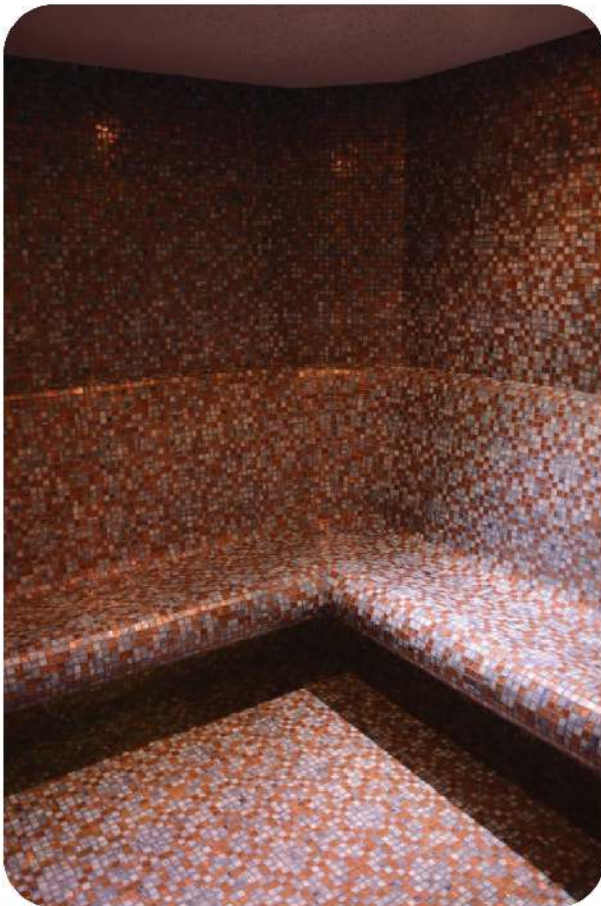
# SPAFUSION

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Try our Sauna room for relaxing, losing fat, detoxing, brightening skin, improving immune system.



Try Sauna room will help you to detoxify, boost immune system and bring you the feeling of relaxation.



Your body massage and foot massage sessions will help you to relax after exercise time and working hours. The certified spa therapists will bring you the most comfortable and satisfy experience ever.



# EVENTS

Fusion Bodyworks has many monthly events with diverse activities such as parade, running, flash mob, fashion show, health check,...These events always appeal customers and citizens's attention.



# EVENTS

# FUSION BODYWORKS



# FUSION

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Thank you very much!